

**Jacket:** 646-960

**Title:** IB 10-1234\_MOVE! Veteran Workbook P96942

**Agency:** 8320-01

**Bid Opening:** April 19, 2019 at 10 am Dallas

Contractor Name	Bid	Terms		Discounted Total
Gateway Press, Inc. 160-35370	\$137,000.00	3.0%	20 days	\$132,890.00
Las Vegas Color Graphics, Inc 270-50580	\$146,666.00	4.66%	20 days	\$139,831.36
Monarch Litho, Inc. 040-60078	\$157,751.00	2.0%	20 days	\$154,595.98
McDonald & Eudy Printers, Inc. 190-56520	\$215,266.00	1.0%	20 days	\$213,113.34
Gray Graphics, Inc. 190-38435	\$188,770.00	2.0%	20 days	\$184,994.60
			days	\$0.00
			days	\$0.00
			days	\$0.00
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			days	\$0.00

**PURCHASE ORDER**  
**U.S. Government Publishing Office**

Dallas Regional Office  
 1100 Commerce Street, Room 731  
 Dallas TX 75242-

**K7599**

The above order number must appear on your voucher and on all packages and papers.

Your Contract Administrator is : **James Hunt-5** Call: (214) 767-0451 **NO COLLECT CALLS**

DATE 04/22/2019	JACKET NO. 646-960	PRICE \$137,000.00	ADDED RATE \$3,000.00 per M	DISCOUNT 3 %20 days
PROGRAM NO. (if Applicable)	TERM OF PROGRAM (if Applicable)		NAME OF REQ. AGENCY AND REQ. NO. 9-00158 Department of Veterans Affairs	
AREA/STATE/CODE 160	CONTRACTOR CODE 35370	APPROPRIATION/FUND CODE	OBJECT CLASS 2437	BILLING ADDRESS CODE (BAC) 8320-01
TO: GATEWAY PRESS, INC. 4500 ROBARDS LANE LOUISVILLE KY 40218			PURCHASED:FOB Destination	
			DATE OF Both Shipment and Delivery	

QUANTITY DESCRIPTION  
 TITLE: IB 10-1234 Move! Veteran Workbook  
 Total 45,011

QL: 3

**In strict accordance with our solicitation and your bid/offer dated Friday, April 12, 2019**

In Connection with the performance of work under this contract, the contractor agrees not to discriminate against any employee or applicant for employment because of race, color, religion, sex, or national origin. The aforesaid provision shall include, but not be limited to, the following: Employment, upgrading, demotion, or transfer, recruitment or recruitment advertising; layoff or termination; rates of pay or other forms of compensation; and selection from training including apprenticeship. The contractor agrees to post hereafter in conspicuous places, available for employees and applicants for employment, notices to be provided by the contracting officer setting both the provisions of the nondiscrimination clause.

GPO Form 2669(LASER)

DIRECTOR OF THE GOVERNMENT PUBLISHING OFFICE reserves the right to reject all or any portion of consignments which are not in accordance with specification.

DIRECTOR OF THE GOVERNMENT PUBLISHING OFFICE

By   
**Sybil Morris**  
 Contracting Officer

**U.S. GOVERNMENT PUBLISHING OFFICE**  
Dallas, TX

GENERAL TERMS, CONDITIONS, AND SPECIFICATIONS  
For the Procurement of

**IB 10-1234\_MOVE! Veteran Workbook P96942**

As requisitioned from the U.S. Government Publishing Office (GPO) by the  
Veterans Administration (VA)

**BID OPENING:** Bids shall be publicly opened at **10:00 AM (Central Time)**, on **Friday, April 19, 2019**.

For information of a technical nature call Jim Hunt at (214) 767-0451, Ext. 5.

**GPO CONTRACT TERMS:** GPO has issued a new *GPO Publication 310.2, GPO Contract Terms - Solicitation Provisions, Supplemental Specifications, and Contract Clauses (Rev 1-18)*. Prospective bidders should carefully read this publication as the applicable terms within become an integral part of this contract. The document is posted at <https://www.gpo.gov/how-to-work-with-us/vendors/forms-and-standards> along with a list of major revisions.

**BIDDERS, PLEASE NOTE:** The GPO 910 "BID" Form is no longer required. Bidders are to fill out, sign/initial, as applicable, all pages under "OFFERS" (Pages 6 and 7).

**PREAWARD SURVEY:** In order to determine the responsibility of the contractor, the Government reserves the right to conduct a preaward survey or to require other evidence of technical, production, and similar abilities to perform, prior to the award of a contract.

**QUALITY ASSURANCE LEVELS AND STANDARDS:** The following levels and standards shall apply to these specifications:

Product Quality Levels:

- (a) Printing Attributes -- Level III
- (b) Finishing Attributes -- Level III

Inspection Levels (from ANSI/ASQC Z1.4):

- (a) Non-destructive Tests -- General Inspection Level I.
- (b) Destructive Tests -- Special Inspection Level S-2.

Specified Standards: The specified standards for the attributes requiring them shall be:

<u>Attribute</u>	<u>Specified Standard</u>
P-7. Type Quality and Uniformity	Approved Electronic Soft Proof/Approved Prior to Production Sample
P-10. Process Color Match	Electronic Media/Approved Prior to Production Sample

**TITLE:** IB 10-1234\_MOVE! Veteran Workbook P96942

**PRODUCT:** This specification is for proofing, printing, binding and delivery of coil bound books.

**QUANTITY:** 45,011

**GOVERNMENT TO FURNISH:** An Adobe InDesign document file with links and fonts plus two (2) Adobe Acrobat PDF files (one for visual only, the other is a back-up print file with crop marks) will be sent to the contractor after award on a CD or DVD, or uploaded to the contractor's secure SFTP site. Purchase Order, carton label and pallet guidelines will be emailed to the contractor after award. Image files are sized 8-1/2 x 11". Contractor must

adjust image are to ensure binding does not invade text or art. Bleeds are built into both print files. Include this cost in bid.

Prior to image processing, the contractor shall perform a basic check (preflight) of the furnished media and publishing files to assure correct output of the required reproduction image. Any errors, media damage or data corruption that might interfere with proper file image processing must be reported to your contract administrator.

The contractor shall create/alter any necessary trapping, set proper screen angles and screen frequency, and define file output selection for the imaging device being utilized. Furnished files must be imaged as necessary to meet the assigned quality level.

**ATTACHEMENTS – Carton label and Pallet Guidelines:** This specification includes attachments that are an integral part of the specifications.

All parties can obtain an e-mail copy of the attachment prior to bidding deadline by e-mailing [jhunt@gpo.gov](mailto:jhunt@gpo.gov) with their request. Please include jacket number in subject line, request attachments in body of e-mail, and include alternate e-mail address if other than the sending e-mail address.

No additional payment will be allowed for the correction of errors due to the failure of the contractor to examine the attachments and thoroughly understand the nature and extent of the work to be performed.

**CONTRACTOR TO FURNISH:** All other materials and operation necessary to fulfill the contract requirements, including secure file transfer protocol (FTP) capability, and any necessary conversion program to utilize Government furnished files.

**STOCK/PAPER:** The specifications of all papers furnished must be in accordance with those listed herein or listed in the corresponding JCP Code numbers in the “Government Paper Specifications Standards No 12, dated January 2011.

**COVERS:** JCP Code\* L11, White No. 1 Coated Cover, Gloss-Finish, Basis Size 20 X 26" Basis Weight 100  
**TEXT:** JCP Code\* A60, White Offset Book, Basis Size 25 X 38" Basis Weight 70

**NOTE:** The requirement for postconsumer fiber (as specified in the Government Paper Specification Standards No. 12) for this contract is waived. However, the addition of post-consumer fiber is encouraged provided that the requirements of this Standard are met. All other attributes remain the same.

**PRINTING:** Covers 1 and 4 print face only; 245 text pages print face and back, head to head in 4-color process consisting of type, illustrations, color halftones, an agency seal, charts, screens, gradients and solids with reverse type and line matter. Covers 2, 3, text folio 8 and the last text page are blank. **NOTE:** These blanks are not included in InDesign or PDF files. Contractor to add all blanks and ensure “Module” start pages print on the right. After printing, coat the entire surface of Cover 1 and 4 with a Satin Aqueous Coating.

Workbook order:

- MOVE! Veteran Workbook Cover
- Introduction
- Table of Contents
- Module 1 Welcome to MOVE!
- Module 2 Tracking What You Do
- Module 3 Tip the Balance
- Module 4 Eat Wisely
- Module 5 Get Fit for Life
- Module 6 Take Charge of Your Weight
- Module 7 Menu Planning, Shopping, and Cooking
- Module 8 Problem Solving

- Module 9 Pump Up Your Physical
- Module 10 Conquer Triggers and Cues
- Module 11 Finesse Your Food
- Module 12 Dust Yourself Off
- Module 13 Dine Out Successfully
- Module 14 Manage Stress
- Module 15 Fine Tune Your Physical Activity

NOTE: The following Pantone colors are indicated (1797C, 2716C, 368C, 518C, 7406C, 7416C, Cool Gray 11C, and Orange 021C) additionally images are combination of RGB and CMYK. Contractor to convert to CMYK to ensure output closely matches all colors. Include costs in bid.

At contractor's option, the product may be produced via conventional offset or digital printing provided that Quality Level 3 standards are maintained. Final output must be wet ink, pigment-based with a minimum of 175 line screen. Dry ink/toner and inkjet printing are not acceptable. Output must be at a minimum resolution of 2400 x 2400 dpi plus a RIP that provides an option for high quality color matching such as Device Links Technology and/or ICC Profiles. Resolution that is enhanced or simulated by software will not be acceptable.

**TRIM SIZE:** 8-1/2 x 11"

**MARGINS:** Cover 1 bleeds all sides, cover 4 bleeds top and right side, text pages have uncommon bleeds throughout. Bleeds are built into the InDesign and Adobe Acrobat PDF files.

**BINDING:** Collate covers and text pages, punch along the left side 11" dimension and bind with a suitable sized black plastic coil binding. NOTE: Contractor must adjust pages as needed to ensure that no information is lost during the spiral binding.

**PROOFS:** THREE (3) sets of digital color content proofs. Direct to plate must be used to produce the final product with a minimum resolution of 2400 x 2400 dpi. Proofs must be created using the same Raster Image Processor (RIP) that will be used to produce the product. Proofs shall be collated with all elements in proper position (not pasted up), imaged face and back, trimmed and folded to the finished size of the product, as applicable.

THREE (3) sets of inkjet proofs that are G7 profiled and use pigment-based inks. A proofing RIP that provides an option for high quality color matching (such as Device Links Technology and/or ICC Profiles Technology), and meets or exceeds industry tolerance to ISO 12647-7 Standard for Graphic Technology (as of 3/19/09, and future amendments) must be utilized plus GRACoL 2006 Coated #1 specifications (CGATS TR006) must be achieved. Output must be a minimum of 720 x 720 dpi on a GRACoL or SWOP certified proofing media. Proofs must contain the following color control strip to be evaluated for accuracy: IDEAlliance ISO 12647-7 Control Strip 2009 or 2013(i1).

Proofs must contain color control bars (such as Brunner, GATF, GRETAG, or RIT) for each color of ink on the sheet. Control bars must be placed parallel to the press's ink rollers and must show areas consisting of minimum 1/8 x 1/8" solid color patches; tint patches of 25, 50 and 75%; dot gain scale; and gray balance patches for process color (if applicable). These areas must be repeated consecutively across the sheet.

The make and model number of the proofing system utilized shall be furnished with the proofs. These proofs must contain all elements, be in press configuration, and indicate margins. Proofs will be used for color match on press. Direct to plate must be used to produce the final product with a minimum of 2400 x 2400 dpi.

NOTE: If not printed digital, include three (3) sets of completely assembled unprinted cover stock/paper dummies.

If printed digital, THREE (3) sets of digital color one-off proofs created using the same output device/RIP that will be used to produce the final printed product on the actual production stock. Proofs shall be collated with all elements in proper position (not pasted up), imaged face and back, trimmed, folded and bound to the finished size/format of the product, as applicable. Proof will be used for color match on the press during the production run.

The proof sets and/unprinted books must be delivered by April 26, 2019 to:

**CHITA PRODUCTIONS**

Attn: Chloe Purdue (757-495-0234)

4873 South Oliver Drive, Suite 100

Virginia Beach, VA 23455

-----1 complete set of proofs plus assembled unprinted book.

Department of Veterans Affairs

Attn: Perry Gamble (202-461-6852)

810 Vermont Ave., NW

Room 763

Washington, DC 20420

-----1 complete set of proofs plus assembled unprinted book.

U.S. Government Publishing Office

1100 Commerce Street, Suite 731

Dallas, TX 75242

-----1 complete set of proofs plus assembled unprinted book. M/F: PPS/J646-690/jh.

**CONTRACTOR MUST NOT PRINT PRIOR TO RECEIVING AN "OK TO PRINT"**

**PACKING:** Pack suitable per container to prevent damage in transit. Alternate books to avoid tangling of coils. Pack in suitable cartons not to exceed 30 lbs. Pallets are required. Contractor will notify agency and GPO as soon as possible the cartons dimensions and number of books per carton.

Pack to ensure no damage occurs to product during transit. Pack to ensure no shifting of product in transit, using spacers if necessary. Product should arrive with no abrasions, dog-ears, etc.

**IMPORTANT NOTE:** Contractor to apply provided Carton Labels to ALL containers. See Atch A.

**NOTE:** All shipping containers require a container label. Complete a copy of the enclosed packing and shipping labels (VA Forms 7596) and affix one to each shipping container according to the instruction at the top of the carton label sheet (make additional copies as necessary).

**DISRIBUTION:** F.O.B. Destination. Must use pallets, ship on skids.

Deliver via traceable means to:

U.S. Department of Veterans Affairs

SDC/OPS, Bldg. 37, Door 14

1st Avenue One Block North of 22nd Street

Hines, IL 60141

Attn: John Burke 708-786-7758

-----45,000 books (include 200 Blue Label copies)

**NOTE:** Warehouse accepts deliveries between 7am-2pm Central Time

\*\*\*Inside delivery required for the following:

National Center for Health Promotion and Disease Prevention (10P4N)  
Attn: Lynn Novorska or Stephanie Spohr (919-383-7874 Ext. 2450)  
3022 Croasdaile Dr., Suite 200  
Durham, NC 27705

-----10 books.

Department of Veterans Affairs  
Attn: Perry Gamble (202-461-6852)  
810 Vermont Ave., NW  
Room 763  
Washington, DC 20420

-----1 book.

U.S. Government Publishing Office  
1100 Commerce Street, Suite 731  
Dallas, TX 75242

-----1 book as inspection sample. M/F: Sample/J646-960/jh.

DEPARTMENTAL RANDOM COPIES (BLUE LABEL): All orders must be divided into 200 equal sublots in accordance with the chart below. A random copy must be selected from each subplot. Do not choose copies from the same general area in each subplot. The contractor will be required to certify that copies were selected as directed using GPO Form 917-Certificate of Selection of Random Copies (located on GPO.gov). The random copies constitute a part of the total quantity ordered, and no additional charge will be allowed.

These randomly selected copies must be packed separately and identified by a special label (GPO Form 2678- Departmental Random Copies (Blue Label) that must be printed on blue paper and affixed to each affected container. This form can be downloaded from GPO.gov. The container and its contents shall be recorded separately on all shipping documents and sent in accordance with the distribution list to Hines, IL 60141.

A copy of the purchase order and a signed Certificate of Selection of Random Copies, must be included.

**SCHEDULE:** See "Notice of Compliance with Schedules", Clause 12, Contract Clauses, GPO Contract Terms, effective December 1, 1987, (Rev 1-18).

All schedule milestones may occur prior to the date specified, but not after.

- April 23, 2019: Award of contract, furnished material available for pick up
- April 26, 2019: Proofs to agency/GPO
- May 22, 2019: Complete delivery agency/GPO

**PAYMENT:** Submitting invoices for payment via the GPO fax gateway (if no samples are required) utilizing the GPO barcode coversheet program application is the most efficient method of invoicing. Instruction for using this method can be found at the following web address:

<http://winapps.access.gpo.gov/fms/vouchers/barcode/instructions.html>

Invoices may also be mailed to: U.S. Government Publishing Office, Office of Financial Management, Attn: Comptroller, Stop: FMCE, Washington, DC 20401.

For more information about the billing process refer to the General Information of the Office of Finance web page located at <https://www.gpo.gov/how-to-work-with-us/agency/billing-and-payment>

**COMPLIANCE REPORTING:** Contractors are to report information regarding each order for compliance reporting purposes and include date of delivery (or shipment if applicable) for delivery schedules in accordance with the contract requirements by faxing to COMPLIANCE at [efaxdallas@gpo.gov](mailto:efaxdallas@gpo.gov) or at 800-865-5193. Personnel receiving the fax will be unable to respond to questions of a technical nature.

**BID SUBMISSION:** Submit bid in pre-addressed envelope furnished with solicitation or send to: U.S. Government Publishing Office, 1100 Commerce Street, Suite 731, Dallas, TX 75242. Facsimile bids in response to this solicitation are permitted. Facsimile bids may be submitted directly to Fax No. (214) 767-4101. The jacket number and bid opening date must be specified with the bid. Refer to Facsimile Bids in Solicitation Provisions of GPO Contract Terms, GPO Publication 310.2, as revised January 2018. Hand delivered bids are to be taken to: U.S. Government Publishing Office, 1100 Commerce Street, Suite 731, Dallas, TX 75242, between the hours of 8:00 a.m. and 4:00 p.m., prevailing Dallas, TX time, Monday through Friday. Contractor is to follow the instructions in the bid submission/opening area. If further instruction or assistance is required, call (214) 767-0451, Ext 5.

**OFFERS:** Offers must include the cost of all materials and operations for each item listed in accordance with these specifications.

In addition to a price for the quantity called for in these specifications, a price must also be submitted for each additional 1,000 printed copies at the same time as the initial order. The price for additional quantities must be exclusive of all basic or preliminary costs.

**Jacket: 646-690**                      **Total Bid Price \$** \_\_\_\_\_                      **Add'l Rate \$** \_\_\_\_\_

\_\_\_\_\_  
(Initials)

**(COMPLETE AND SUBMIT THIS PAGE WITH YOUR BID)**



**DISCOUNTS:** Discounts are offered for payment as follows: \_\_\_\_\_ Percent, \_\_\_\_\_ calendar days. See Article 12 "Discounts" of Solicitation Provisions in GPO Contract Terms (Publication 310.2).

**BID ACCEPTANCE PERIOD:** In compliance with the above, the undersigned agree, if this bid is accepted within \_\_\_\_\_ calendar days (60 calendar days unless a different period is inserted by the bidder) from the date for receipt of bids, to furnish the specified items at the price set opposite each item, delivered at the designated points(s), in exact accordance with specifications.

NOTE: Failure to provide a 60-day bid acceptance period may result in expiration of the bid prior to award.

**AMENDMENT(S):** Bidder hereby acknowledges amendment(s) number(ed) \_\_\_\_\_

**BIDDER'S NAME AND SIGNATURE:** Unless specific written exception is taken, the bidder, by signing and submitting a bid, agrees with and accepts responsibility for all certifications and representations as required by the solicitation and GPO Contract Terms - Publication 310.2. When responding by fax or mail, fill out and return one copy of pages 4 and 5, initialing/signing where indicated.

Failure to sign the signature block below may result in the bid being declared non-responsive.

Bidder \_\_\_\_\_  
(Contractor Name) (GPO Contractor's Code)

\_\_\_\_\_  
(Street Address)

\_\_\_\_\_  
(City - State - Zip Code)

By \_\_\_\_\_  
(Printed Name, Signature, and Title of Person Authorized to Sign this Bid) (Date)

\_\_\_\_\_  
(Person to be Contacted) (Telephone Number) (Email)

**(COMPLETE AND SUBMIT THIS PAGE WITH YOUR BID).**

\*\*\*\*\*

**THIS SECTION FOR GPO USE ONLY**

Certified by: \_\_\_\_\_ Date: \_\_\_\_\_ Contracting Officer: \_\_\_\_\_ Date: \_\_\_\_\_  
(Initials) (Initials)

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